

Appendix B:

Workshop Exercise Results

This I believe about community and healthy food
Making Headlines

Responses to finishing the sentence, “I believe my community...”

- Has leaders to build up
- Grow a generation of autonomous neighbors
- Potential infrastructure
- Needs help to get things done
- Has rebuild opportunities
- Strong and resilient
- Work together
- Unique and strong
- Empowered community
- Will grow, has internal strength
- Close the gap on EJ issues
- Needs clean sources of air and water
- Success of yester year, need unity
- Bring it back to what it was
- Train children
- Vibrant community again
- Needs to work together no matter what

Responses to finishing the sentence, “I believe healthy food...”

- Can be grown by community
- Is a connector to bring people together
- Grow withing existing gardens
- Can be grown and sold in Turner Station
- Is a necessity
- Need clean sources to grow food (gardens, hydroponics, solar)
- Canning
- Can be produced in Turner Station
- Needt to be accessible to all
- Education, use existing resources
- Grown and marketed at gardens
- Is important for community and families

Making Headlines

Participants were asked to brainstorm a headline from the future. Something positive has happened in Redding, write a headline for that and let’s talk about what the impact was and how it came to be.

- First Farmers Market Opens in Turner Station – Larger community garden allowed residents to form a co-op with surplus produce to create a farmers market.

- Turner Station is Alive and Well – community hub, local flavors, community-owned businesses, sustainable growth.
- Turner Station is a food desert no more – 1st community co-op opened through sustainable funding and partnerships
- Turner Station Main Street Reopens – grocery pharmacy, art space, bakery, and work hub opened as 1st phase of community revitalization plan
- FINALLY, Logan Village reopens – grocery outlet, day care, pharmacies, car washes, and coffee shops – hiring local residents
- Cultural Festival: non-stop party shows revitalization – people come together to try new foods, dance, cross cultural lines
- Turner Station becomes a model for food and self sufficiency
- We know the land, air, and water are clean – with testing and local understanding
- A soup kitchen opens in Turner Station that is open rain or shine, seven days a week, to serve brunch and dinner to the homeless, less fortunate, and seniors